





ADHD and ASD: two manifestations of the same disorder?

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Potential Conflict of Interest - Jan Buitelaar

	Speaker	Advisory Board	Research Support	Involved in clinical trials
Lilly	X	Х	Х	X
Janssen Cilag	Х	Х		X
Medice	X			
Shire		Х	Х	X
Pfizer		Х		
Novartis		Х		
Otsuka/BMS		Х		
Servier		Х		
Roche		Х		
Vifar			Х	
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Translational Adolescent and Childhood Therapeutic Interventions in Compulsive Syndromes















Hersenstichting Nederland



















Social-communication deficits

Fixated interests and repetitive behaviours







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ADHD and ASD: two manifestations of the same disorder?

These neurodevelopmental disorders are thought to result from the disruption of normal brain development and related neurobiological mechanisms during the prenatal and early postnatal period







Outline of the talk



Brain function and structure

Implications – new concepts





Autism Spectrum Disorder versus ADHD



ASD and ADHD are developmental disorders with early onset and strong persistence over time

ASD

- Onset before age 3
- >90% persistence into
- adulthood

ADHD

- Onset before age 12
- About 50% have onset at 2-3 year
- 70% persistence into adolescence
- 30-50% persistence into

adulthood









25-50% of subjects with ASD have ADHD symptoms that merit clinical treatment (for review see Rommelse et al. Eur Child Adolesc Psychiatry 2010,19:281-95.)



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25-50% of children with ADHD are severe socially disabled and/or have at least mild ASD symptoms (Green et al., 1996; Luteijn et al., 2000; Goldstein and Schwebach, 2004; Mulligan et al., 2009; Nijmeijer et al., 2008; Santosh and Mijovic, 2004). This also applies to population samples (Reiersen et al., 2007) (for review see Rommelse et al., 2010).

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Clinical overlap between ADHD and ASD - population-based sample



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ADHD and developmental problems



Hartsough & Lambert, 1985

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ADHD and ASD









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ADHD and **ASD**





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kinder- en jeugdpsychiatrie Karakter

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- One overarching disorder
- Common cause shared risk factors
 - Genetic factors
 - Environment (e.g. obstetric adversity)
- Common neurobiological substrate
- Disorder A causes disorder B
- Disorder A is risk factor to disorder B
- Overlap in defining symptoms















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Different disorders with common causes









Different disorders with common neural substrates





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Clinicians will rather often observe the following:

- Proband diagnosed with ASD
- Sibling later referred and diagnosed with ADHD (and ASD broad phenotype)
- Another sibling referred because of ADHD or dyslexia or social problems







Twin studies

- Genetic similarity
 - Monozygotic (MZ) twins (nearly) 100%
 - Dizygotic (DZ) twins ~ 50%









Disorder	heritab	<u>ility (%)</u>
Autism	90	(but lower in recent studies)
ADHD	80	
Schizophrenia	80	
Bipolair disorder	80	
Anorexia nervosa	70	







Shared genetic influences on ADHD and ASD symptoms

- TEDS (community sample of 6,771 twins 8 year old)
- Ratings on the Childhood Asperger Syndrome Test
- Ratings on the Conners' DSM-IV subscales.
- ASD and ADHD traits were significantly correlated in the general population (.54 for parent data, .51 for teacher data).
- All genetic correlations were <a>>.50
- Higher genetic correlations at more extreme levels
 of ADHD and ASD

Ronald et al., 2008, J Child Psychol Psychiatry 49:535-42





Shared genetic influences on ADHD and ASD symptoms

- Adult sample of 674 young Autralian Twins
- Self-report data from 11 SRS items and 12 DSM-IV ADHD symptoms
- Phenotypic correlation between ASD and ADHD symptoms was moderate.
- ADHD and ASD traits were both moderately heritable.
- The genetic correlation between SRS and ADHD was <u>0.72</u>

Reiersen et al., 2008, Twin Res Hum Genet 11:579-85





Shared genetic influences on ADHD and ASD symptoms

• 9- and 12-year-old Swedish twin pairs born between 1992 and 2000 (N=10,895) Lichtenstein et al., 2010, Am J Psychiatry

Disorder	Genetic Effects	95% CI
Autism spectrum disorders	0.80	0.29-0.91
ADHD	0.79	0.61-0.88
Developmental coordination disorder	0.70	0.35-0.83
Tic disorder	0.56	0.37-0.68









Cell Nucleus Containing 23 Pairs of Chromosomes

Genes

Chromosomes

Bases

OCMMES-

DNA Strand



Causes of genetic disease



(adapted from McCarthy et al., 2008)

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Causes of genetic disease



(adapted from McCarthy et al., 2008)



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(adapted from McCarthy et al., 2008)



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Copy Number Variation



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Rare and common variants converge into the same gene-protein networks





300-1000 causal genes

20-40 gene networks

Bases ¬

5-10 biological pathways

DNA Strand

0/1/1

SNPs – Single Nucleotide Polymorphisms

13.000.000 SNPs in human genome

- used as landmark for chromosomal location
- may change function/regulation of a gene product

CGGTACTT GAGGCTA Person CGGTACTC GAGGCTA Person









Genetic Risk for ADHD Contributes to Neurodevelopmental Traits in the General Population

- Polygenic risk scores were calculated in the ALSPAC population sample (N = 8229) based on a discovery case-control genomewide association study of childhood ADHD.
- Regression analyses were used to assess whether polygenic scores predicted ADHD traits and ASD-related measures (pragmatic language abilities and social cognition) in the ALSPAC sample.
- Polygenic risk for ADHD showed a positive association with ADHD traits (hyperactive-impulsive, p = .0039; inattentive, p = .037)
- Polygenic risk for ADHD was also negatively associated with pragmatic language abilities (p = .037) but not with social cognition (p = .43).

Martin et al. Biol Psychiatry 2014 Feb 25





Polygenic score predicting multiple correlated outcomes





Polygenic score predicting multiple correlated outcomes



Martin et al. Biol Psychiatry 2014 Feb 25.







Biological overlap of ADHD and ASD: evidence from copy number variants

Table 1

Number of Pathways Achieving Given Levels of Enrichment Significance (p < .05, p < .01, p < .001) in the Autism Spectrum Disorder (ASD) Dataset That Were Also Significantly Enriched at the Same Significance Level in the Attention-Deficit/Hyperactivity Disorder (ADHD) Sample

	р < .05		р < .01		р < .001	
CNV Type (ASD)	No. of Pathways	p	No.of Pathways	p	No.of Pathways	p
De novo	58	.006	9	.016	1	.021
Inherited	72	.001	16	.004	1	.019
All	100	<.001	20	.001	1	.017

Note: *p* Values are given for the test of whether the number of enriched pathways is greater than would be expected by chance. CNV = copy number variant; de novo = confirmed not to have been transmitted from either parent.

Martin et al. J Am Acad Child Adolesc Psychiatry 2014 Jul;53(7):761-70







Biological overlap of ADHD and ASD: evidence from copy number variants

- After correction for multiple testing, genes involved in 3 biological processes (nicotinic acetylcholine receptor signalling pathway, cell division, and response to drug) showed significant enrichment for case CNV hits in the combined ADHD and ASD sample.
- The results of this study indicate the presence of significant overlap of shared biological processes disrupted by large rare CNVs in children with these 2 neurodevelopmental conditions.

Martin et al. J Am Acad Child Adolesc Psychiatry 2014 Jul;53(7):761-70







Conclusions sofar

- Evidence for genetic overlap between autism and ADHD
- Multifactorial and oligogenetic forms
- Both disorders of synaptic structure/ efficiency, cell adhesion, neurite outgrowth, signalling pathways









Outline of the talk

Clinical issues

Genetics

Cognitive measures

Brain function and structure

Implications – new concepts







Cognitive deficits

- Both ASD as ADHD are heterogenous at the cognitive level
- Data suggest multiple impairment models rather than one universal or primary cognitive deficit







Anoek Oerlemans



Catharina Hartman



Jolanda van der Meer



Nanda Rommelse







- Latent class analysis (LCA) was performed on Social Communication Questionnaire (SCQ) and Conners' Parent Rating Scale (CPRS-R:L) data of 644 children.
- Classes were compared for comorbid symptoms and their cognitive profiles of motor speed and variability, executive functioning, attention, emotion recognition and central coherence.

Van der Meer, Oerlemans, van Steijn, Lappenschaar. de Sonneville, Buitelaar, Rommelse J Am Acad Child Adolesc Psychiatry. 2012 Nov;51(11):1160-1172.





	Normal		ADHD		ADHD(-	+ASD)	ASD(+A	ADHD)	Contrasts based on <i>p</i> -values of .05
	N=418		N=109		N=59		N=58		
	М	SD	М	SD	М	SD	М	SD	
Age	9.5	2.4	9.9	2.8	11.2	3.3	11.5	2.7	Normal = ADHD < ADHD(+ASD) = ASD(+ADHD)
% male	45.7		66.1		81.4		86.2		Normal = ADHD < ADHD(+ASD) = ASD(+ADHD)
IQ	111.7	18.7	107.1	19.1	101	21.2	105.5	19.7	Normal > ADHD(+ASD)
SCQ	4.1	4.4	6.9	4.7	16.3	7.2	23	6	Normal < ADHD < ADHD(+ASD) < ASD(+ADHD)
Inatt	47.3	6	64.7	8.3	73.3	8.8	62.6	8.2	Normal < ADHD = ASD(+ADHD) < ADHD(+ASD)
Hyp/Imp	48.2	6.7	64.8	9.8	79.8	8.2	66.7	11.2	Normal < ADHD = ASD(+ADHD) < ADHD(+ASD)

Table 1. Demographic characteristics of the children in the distinct classes.

Van der Meer, Oerlemans, van Steijn, Lappenschaar. de Sonneville, Buitelaar, Rommelse J Am Acad Child Adolesc Psychiatry. 2012 Nov;51(11):1160-1172.

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Hypotheses



H1: overarching disorder hypothesis: If true, symptomatic expression can be regarded as 'noise' and classes will more similar than different in associated traits

→ LC1 = LC2 = LC3 = ...

H2: ADHD is a less severe subtype within the ASD spectrum. LCA will then identify at least one ADHD class without ASD symptoms, but no ASD class without ADHD symptoms, and all classes will show rather similar associated traits

→ LC1 (ADHD) < LC2 (ASD) < LC3 (ADHD+ASD).

Van der Meer, Oerlemans, van Steijn, Lappenschaar. de Sonneville, Buitelaar, Rommelse J Am Acad Child Adolesc Psychiatry. 2012 Nov;51(11):1160-1172.

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Hypotheses



Ho: Alternatively, ASD and ADHD do not constitute different expressions of one overarching disorder. In this case, the LCA will identify at least some classes with pure ADHD or ASD symptoms. Further, the classes will be more different than similar in terms of associated traits

→ LC1 ≠ LC2 ≠ LC3 ...

Van der Meer, Oerlemans, van Steijn, Lappenschaar. de Sonneville, Buitelaar, Rommelse J Am Acad Child Adolesc Psychiatry. 2012 Nov;51(11):1160-1172.





Latent Class Analysis











Van der Meer, Oerlemans, van Steijn, Lappenschaar. de Sonneville, Buitelaar, Rommelse J Am Acad Child Adolesc Psychiatry. 2012 Nov;51(11):1160-1172.

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Cognitive tests



a. Baseline speed and variability



Fixation Signal

b. Facial emotion recognition



Van der Meer, Oerlemans, van Steijn, Lappenschaar. de Sonneville, Buitelaar, Rommelse J Am Acad Child Adolesc Psychiatry. 2012 Nov;51(11):1160-1172.

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Cognitive tests



c. Inhibition and cognitive flexibility: compatible and incompatible trials.



Left compatible Right compatible Left incompatible Right incompatible

d. Visuo-spatial attention and working memory.



Van der Meer, Oerlemans, van Steijn, Lappenschaar. de Sonneville, Buitelaar, Rommelse J Am Acad Child Adolesc Psychiatry. 2012 Nov;51(11):1160-1172.







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Van der Meer, Oerlemans, van Steijn, Lappenschaar. de Sonneville, Buitelaar, Rommelse J Am Acad Child Adolesc Psychiatry. 2012 Nov;51(11):1160-1172.

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2 classes with high scores on ASD and ADHD symptoms, however with strongly different performance on visuo-spatial skills



Van der Meer, Oerlemans, van Steijn, Lappenschaar. de Sonneville, Buitelaar, Rommelse J Am Acad Child Adolesc Psychiatry. 2012 Nov;51(11):1160-1172.







Gradient overarching disorder hypothesis

- In support
 - an ADHD class without ASD symptoms
 - absence of an ASD class without ADHD symptoms
 - cognitive functioning of the simple ADHD-class is less impaired than that of both comorbid classes.
- In conflict
 - severity of ADHD, comorbid oppositional and anxiety symptoms and cognitive problems were not the highest in the ASD(+ADHD) class
 - some specificity of cognitive deficits across classes.







- Sofar, approaches to identify more homogeneous subgroups have studied variability only in the affected population.
- Here we aim to identify subgroups of children with distinct ASD -ADHD trait profiles in the general population, using measures sensitive across the ASD and ADHD trait continua, including the unaffected ends, and show how these subgroups differ in terms of cognitive functioning.







- We examined continuously distributed ASD and ADHD traits in relation to other internalizing and externalizing problems and cognitive functions in 378 children (6-13 years) from a population sample.
- Latent class analyses (LCA) were conducted on the Autism Quotient (AQ) and the Strengths and Weaknesses of ADHD symptoms and Normal behavior (SWAN) rating scale.







- In addition to three concordant classes with low (10.1%), medium (54.2%) or high (13.2%) scores on both traits, LCA revealed two discordant classes with more ADHD than ASD characteristics (ADHD>ASD, 18.3%) and vice versa (ASD>ADHD, 4.2%).
- Classes were dissociated in visual-spatial functioning, with ASD>ADHD exhibiting superior, and ADHD>ASD and the class with high scores on both traits, inferior performances.









Van der Meer, Oerlemans, van Steijn, Lappenschaar. de Sonneville, Buitelaar, Rommelse J Am Acad Child Adolesc Psychiatry. 2012 Nov;51(11):1160-1172; Van der Meer, Lappenschaar, Hartman, Greven, Buitelaar, Rommelse. J Attention Disorders 2014

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Conclusions

•A minority of children displays atypical discordant trait profiles characterized by differential visual-spatial functioning.

•This dissociation was previously also reported in clinical classes with ASD and ADHD, suggesting that heterogeneity in ASD and ADHD is rooted in heterogeneity present in the lower unaffected end of the distribution













Using cognitive subtyping to examine the relationship between ASD and ADHD



Description of the Cognitive Measures

for Brain, Cognition and Behaviour

Task	Measurement potential	Dependent variable(s)
Baseline Speed ^{a,0}	Speed and variability of motor	Mean reaction time (ms) and
	output as response to external	variability (SD of reaction time in
	cue	ms)
Digit Span (WISC- III) ^{a,c}	Verbal Attention	Number of correct reproduced digits in identical (forward) order
	Verbal Working Memory	Number of correct reproduced digits in reversed (backward) order
Visuo-Spatial Sequencing ^{a,b}	Visuo-Spatial Attention	Number of correct reproduced sequences in identical (forward) order
	Visuo-Spatial Working	Number of correct reproduced
	Memory	sequences in reversed (backward) order
Block Patterns (WISC-III) ^{a,c}	Visual pattern recognition	Number of correct and timely completed geometric designs
Facial Emotion Recognition ^{a,b}	Capacity to identify the facial emotional expression of happiness, sadness, anger and anxiety.	Mean reaction time (ms) and accuracy on four emotions

Rommelse, Van der Meer, Hartman, Buitelaar (under review)





Using cognitive subtyping to examine the relationship between ASD and ADHD

- Latent class analyses (LCA) were performed on motor speed and variability, verbal and visual-spatial attention, verbal and visual-spatial working memory, visual pattern recognition and emotion recognition in 360 participants from a population based sample and 254 participants from a clinic based sample (5 -17 years).
- Classes were compared on several behavioral symptom scales.

Rommelse, Van der Meer, Hartman, Buitelaar (under review)









Using cognitive subtyping to examine the relationship between ASD and ADHD

- LCAs in the population and clinic samples revealed a similar four class solution typified by qualitatively different speed-accuracy trade-offs:
 - high accuracy-medium speed (21.9% of the population sample and 16.5% of the clinic sample),
 - medium accuracy-high speed (24.2% and 24.4%),
 - *low accuracy-medium speed* (35.3% and 39.0%) and
 - *low accuracy-low speed* (18.6% and 20.0%).

Rommelse, Van der Meer, Hartman, Buitelaar (under review)








- These classes were respectively associated with lowest en highest levels of ASD and ADHD symptoms in the clinical sample, with an overall strong predictive effect.
- Associations with clinical symptoms were much weaker in the population sample.
- Classes were not characterized by domain specific cognitive strengths or weaknesses.

Rommelse, Van der Meer, Hartman, Buitelaar (under review)









Population Based Sample



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Clinic Based Sample







Donders Institute for Brain, Cognition and Behaviour Rommelse, Van der Meer, Hartman, Buitelaar (under review)



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Conclusions

- Cognitive subtyping appears a powerful strategy to uncover the mechanisms underlying ASD and ADHD.
- Do the cross-domain generic cognitive factors have a specific neural architecture: MRI studies needed.
- The weak associations between cognition and behavior in the population sample suggest that cognitive functioning may only predict behavior when other risk or protective factors are present.

Rommelse, Van der Meer, Hartman, Buitelaar (under review)







Conclusions

- There is clinical and genetic overlap between autism and ADHD
- Behaviour

 cognition and comorbidity: some evidence for autism and ADHD as part of an overarching disorder
- Cognition → behavior: speed-accurary trade-off; general principle of neural architecture







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Whole brain volume in 2-4 year olds (autism vs controls)









Total brain volume (= total gray + white matter)

Greven et al. JAMA Psychiatry 2015



- Main effects of ADHD diagnosis on total brain and total gray matter volumes
 - Total brain 32ml (2.5%), total gray matter 22ml (3%) smaller in subjects with ADHD
- No diagnosis x age effects





Principles of Organisation

Functional specialization

Localisation

Functional integration

Connectivity











Neuronal network analysis





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Distinct and shared intrinsic functional network centrality in ASD and ADHD



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Distinct and shared intrinsic functional network centrality in ASD and ADHD



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Distinct and shared intrinsic functional network centrality in ASD and ADHD



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Distinct and shared intrinsic functional network centrality in ASD and ADHD



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Conclusion

- ASD and ADHD are disorders of brain development and brain connectivity
- Sofar, stronger evidence for distinct than for shared neural correlates
- However, studies with small samples and DSM-based







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Implications



- Integrate / combine research on ASD and ADHD
- Apply theories on ASD to ADHD and vice versa
- Apply research approach used in ASD to ADHD and vice versa









Implications

Theories

- 1.predictive coding brain as a prediction machine 2.failure of modularisation
- 3.connectivity account
- 4.different factors involved in etiology/genesis versus remission/recovery
- 5.symptoms = secundary brain response to primary synaptic dysfunction
- 6.secundary brain disease due to primary systemic disease (inflammation, microbiome, mitochondrial disease)
- 7.etiology/onset due to failing / weak EF









ADHD and ASD: two manifestations of the same disorder?

These neurodevelopmental disorders are thought to result from the disruption of normal brain development and related neurobiological mechanisms during the prenatal and early postnatal period















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Autism and ADHD: developmental disorders







Neurodevelopmental disorder





This is different from a cerebral lesion in a mature brain



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Wide spread ramifications of neural dysfunction towards a variety of clinical symptoms































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Implications – critical need of

- Studies of brain adaptation (genes and environmental factors)
- New interventions that not necessarily try to remediate the primary problems
- Studies in high-risk individuals (prior to developing symptoms, less confounded by later brain adaptation)





Dynamics of Genetic and Environmental Risk Factors



Chang et al. JAMA Psychiatry 2013

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Dynamics of Genetic and Environmental Risk Factors



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The high-risk infant study design

- Participants are younger siblings of children with autism
- 20% of this group will develop autism (cf. 1% of the general population)



- Data of a European multi-site longitudinal study will be used
- Infants tested at 4, 10, 14, 24, and 36 months of age







The high-risk infant study design

- Participants are younger siblings of children with autism
- 20% of this are population
 H Extend to high-risk for ADHD
 Conc
- Data of a European ______site longitudinal study will be used
- Infants tested at 4, 10, 14, 24, and 36 months of age









Developmental Hypotheses



A. Risk factors

- 1. Pre/perinatal environmental risk factors
- 2. Genes (common, rare variants)
- 3. Neuroinflammation
- 4. Critical period, timing













Getting answers from babies





More on the overlap between ASD and ADHD in the next symposium S6-03 17.00 – 18.30 in the Paris room









Getting answers from babies about autism Trends in Cognitive Science, 2009

Mayada Elsabbagh and Mark H. Johnson

Centre for Brain and Cognitive Development, Birkbeck, University of London, Henry Wellcome Building, London, WC1E 7HX, UK



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Questions?







